

M14HOOPS WHERE DREAMS BECOME REALITY

M14Hoops was founded by Matt Miller in September of 2009 in the western suburbs of Chicago, IL. With operations officially beginning in 2010, the company quickly gained popularity within the Western Suburbs of Chicago. By 2014, M14Hoops was the #1 company for player development. In 2016, M14 opened up its second location in Indianapolis and M14Hoops Milwaukee opened in Summer of 2022.

Who is M14Hoops?

M14Hoops is a basketball skills development company that is dedicated to helping the youth through the game of basketball. We pride ourselves in quality and results! We believe that life lessons can be taught through the game of basketball. Lessons such as: time management, leadership, and communication. Our drill breakdown and systematic approach makes it easy for players to translate their skills into a game. Through this approach, we have been able to help thousands of players at every level achieve their goals.

A few M14 Alum:

Nijel Pack – Miami

Brooke Schramek – University of Wisconsin

Kenzie Hare – Marquette University

Emily Eshoo – Bradley University

Faith Suggs – Duke University

Ray J Dennis – University of Toledo

Austin Puga – Northern Illinois

Bryce Hopkins - Kentucky

Dre Davis – Louisville

Syd Parrish – Oregon Ducks

Meg Newman – Arizona State

Luke Brown – Ball State

CJ Gunn – Indiana University

FALL ACADEMY TRAINING PROGRAM

This is the Fall Academy Training Program informational document. Please take the time to read it in full as it will explain the Fall Academy in detail.

Fall Academy Structure: The Fall Academy is a 12-week program that starts in August and ends in October. The 12 weeks are broken down into 3 parts; each part covers 4 weeks. In each part, we will offer eight sessions plus four weekly makeup sessions on Fridays. The Fall Academy is structured to fit all Fall schedules. We fit schedules through offering a split schedule and a weekly makeup session. The split schedule is either Monday/Thursday or Tues/Wed – with a make up day every Friday. This allows for players to get their two sessions each week, and still participate in other sports/ school activities.

What skills will be covered?

During the Fall, we will dedicate 1-month to ball-handling (attack moves, handling pressure while dribbling, etc.), 1-month of shooting (creating space, footwork, form shooting, etc.). The final month will be dedicated to showing your player how to translate the skills they have learned in game situations. This will be done by playing 1on1 and 3on3; which means we will address DEFENSE as well! During the competition portion of our sessions, we will push players to use the skills/moves that they have been taught in a live situation. This allows us as a staff to see what your player truly learned and how we can help them as they continue in the program. We can also address mentality which we define as confidence and aggression; two things every player can improve upon.

Staff & Ratio: We are serious about your player's development. Our staff has been working tirelessly to get ready for this Fall. We are all extremely excited to get back to work with your player and looking forward to helping them take that next step. In the Academy, we are stern and respect is something all our players come to understand. We push our players to get outside of their comfort zone in order to strive for greatness. We do this with professionalism and great coaching. In the Academy, you can expect a 10 to 1 player-to coach ratio. With our systematic approach, our drill structure is set up so that your player will get all the necessary reps needed on each move and drill.

HOW DOES YOUR PLAYER JOIN?

The Fall Academy is invite-only, which means all players new and old must receive an invitation from one of our other programs OR attend Placement Day to be accepted in. If you have not received an invitation, contact us to discuss your player. (infoMKE@m14Hoops.com)

Keeping our players experience as the #1 priority is why we control registration.

CLASS SCHEDULES

All class schedules are listed on each Fall Academy grade level. All players must attend their assigned classes. Players are not allowed to switch classes; however, may attend the Friday make-up sessions for any missed classes.

Each Part covers one month: Part I (August), Part II (September), Part III (October). Again, there will be eight sessions offered each month with an additional make-up session on Fridays (in case any session is missed due to travel ball or a spring sport).

Fee: \$225 per Part. A Part will cover 8 sessions. We will also offer a total of 12 makeup sessions over the 12 week program.

Registration: Program fee will be paid in full or 3 parts. Part I will be paid at time of registration and Part II & Part III's payments will be automatically debited from your account on the following schedule. Part II registration: August 15th Part III registration: September 15th.

FINAL THOUGHTS

We have years of experience, and we guarantee results out of all our players. In Chicago where M14Hoops started, we have seniors in high school that have been a part of our Academy since 3rd grade. I believe the reason they have been part of our program consistently is because they obtain results and we believe in them and they know that. We care about our players, we push them to be their very best and hold them accountable. We make sure that through the challenges of training and development that they have a positive experience with basketball and learn some life lessons along the way. If you have any questions, you can email at mshepski@m14hoops.com or give us a call at 708-646-6912.

Thanks!

Mike Shepski

Director of Basketball Operations

Team M14Hoops Milwaukee