

M14HOOPS WHERE DREAMS BECOME REALITY

M14Hoops was founded by Matt Miller in September of 2009 in the western suburbs of Chicago, IL. With operations officially beginning in 2010, the company quickly gained popularity within the Western Suburbs of Chicago. By 2014, M14Hoops was the #1 company for player development. In 2016, M14 opened up its second location in Indianapolis and M14Hoops Milwaukee opened in Summer of 2022.

Who is M14Hoops?

M14Hoops is a basketball skills development company that is dedicated to helping the youth through the game of basketball. We pride ourselves in quality and results! We believe that life lessons can be taught through the game of basketball. Lessons such as: time management, leadership, and communication. Our drill breakdown and systematic approach makes it easy for players to translate their skills into a game. Through this approach, we have been able to help thousands of players at every level achieve their goals.

A few M14 IL Alum:

Emily Eshoo – Bradley University

Faith Suggs – Duke University

Ray J Dennis – University of Toledo

Austin Pauga – Northern Illinois

Bryce Hopkins - Kentucky

Dre Davis – Louisville

Nijel Pack – Kansas State

Syd Parrish – Oregon Ducks

Meg Newman – Arizona State

Luke Brown – Ball State

CJ Gunn – Indiana University

Brooke Schramek – University of Wisconsin

Kenzie Hare – Marquette University

SPRING ACADEMY TRAINING PROGRAM

This is the Spring Academy Training Program informational document. Please take the time to read it in full as it will explain the Spring Academy in detail.

Spring Academy Structure: The Spring Academy is a 12-week program that starts in March and ends in May. The 12 weeks are broken down into 3 parts; each part covers 4 weeks. In each part, we will offer eight sessions plus four weekly makeup sessions on Fridays. The Spring Academy is structured to fit all spring schedules. That includes players who play a spring sport like baseball or softball and AAU. We fit schedules through offering a split schedule and a weekly makeup session. The split schedule is either Monday/Thursday or Tuesday/Wednesday – with a make up day every Friday. This allows for players to get their two sessions each week, and still participate in other sports/activities.

What skills will be covered?

During the Spring, we will dedicate 1-month to ball-handling (attack moves, handling pressure while dribbling, etc.), 1-month of shooting (creating space, footwork, form shooting, etc.). The final month will be dedicated to showing your player how to translate the skills they have learned in game situations. This will be done by playing 1on1 and 3on3; which means we will address DEFENSE as well! During the competition portion of our sessions, we will push players to use the skills/moves that they have been taught in a live situation. This allows us as a staff to see what your player truly learned and how we can help them as they continue in the program. We can also address mentality which we define as confidence and aggression; two things every player can improve upon.

Staff & Ratio: We are serious about your player's development. Our staff has been working tirelessly to get ready for this Spring. We are all extremely excited to get back to work with your player and looking forward to helping them take that next step. In the Academy, we are stern and respect is something all our players come to understand. We push our players to get outside of their comfort zone in order to strive for greatness. We do this with professionalism and great coaching. In the Academy, you can expect a 10 to 1 player-to coach ratio. With our systematic approach, our drill structure is set up so that your player will get all the necessary reps needed on each move and drill.

HOW DOES YOUR PLAYER JOIN?

The Spring Academy is invite-only, which means all players new and old must receive an invitation from one of our other programs OR attend Placement Day to be accepted in. Placement Day is our group evaluation/tryout where players undergo an intense workout and are evaluated on their ball-handling, shooting, footwork, listening skills, and overall basketball IQ. Placement Day is our way of **ensuring quality**. Contact us if you would like to attend a Placement Day @ infoMKE@m14hoops.com

This will allow for us to: 1) See how many players are interested in our Spring Academy. 2) Place players

in the correct class (classes are divided by grade, gender, talent & skill). 3) Develop a curriculum to meet each player's needs. If your player cannot make it to the Placement Day, they will need to attend makeup evaluation or set up a private evaluation. You can also email us at infoMKE@m14hoops.com to set up an alternate evaluation. Keep in mind that we offer limited spots in each class - once classes are full players will be added to the waiting list. **For some age groups we may not have a Placement Day - contact us to learn more.

CLASS SCHEDULES

All class schedules are listed on each Spring Academy grade level. Schedules will all be on the same scheduled days but may vary on location. All players must attend their assigned classes. Players are not allowed to switch classes; however, may attend the Friday make-up sessions for any missed classes.

Each Part covers one month: Part I (March), Part II (April), Part III (May). Again, there will be eight sessions offered each month with an additional make-up session on Fridays (in case any session is missed due to travel ball or a spring sport).

Fee: All Fees are up to date on our website. Players can Pay up front or monthly for each "Part." A Part will cover 8 sessions. We will also offer a total of 12 makeup sessions over the 12 week program.

Registration: Registration for Spring Academy will open on January 16th. From there Part II & Part III's payments will be automatically debited from your account on the following schedule. Part II registration: March 15th Part III registration: April 15th

FINAL THOUGHTS

We have years of experience, and we guarantee results out of all our players. In Chicago where M14Hoops started, we have seniors in high school that have been a part of our Academy since 3rd grade. I believe the reason they have been part of our program consistently is because they obtain results and we believe in them and they know that. We care about our players, we push them to be their very best and hold them accountable. We make sure that through the challenges of training and development that they have a positive experience with basketball and learn some life lessons along the way. If you have any questions, you can email at infoMKE@m14hoops.com or give us a call at 262-290-5038

Thanks!

Mike Shepski

Director of Basketball Operations

Team M14Hoops Milwaukee